



December- Complete Care Dining Service Inc. Monthly Menu

Week 1	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Wednesday 12/01/2021	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Sausage Assorted Hot/ Cold Cereal	Hungarian Goulash over Parslied Noodles, Stewed Vegetables Or Stuffed Cabbage Rolls, Mashed Potatoes, Glazed Carrots Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Western Omelet, French Fries, Spinach Or Grilled Ham & Cheese Sandwich, Harvard Beets Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks
Thursday 12/02/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	General Tso Chicken over White Rice, Sauteed Garlic Green Beans Or Lasagna Rolls w/ Chunky Bolognese, Tossed Salad Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Meat Hoagie Sub, Marinated Artichoke Salad Or Tuna Salad Platter, Cole Slaw, Pasta Salad, Crackers Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Friday 12/03/2021	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Tilapia Florentine, Baked Potatoes w/ Butter, Broccoli Florets Or Shaved Turkey Breast w/ Gravy, Bread Stuffing, Creamed Spinach Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Roast Beef Sandwich, Lettuce & Tomato Or Chili Con Carne over White Rice, Sauteed Garden Fresh Zucchini Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Saturday 12/04/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Homemade Meatloaf w/ Onion Gravy, Buttery Mashed Potatoes, Glazed Carrots Or Liver & Onions, Cream Corn, Stewed Tomatoes Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Homemade Classic Chicken Salad on Marble Rye, Marinated Tomatoes Or Egg Salad Sandwich on a Croissant, Broccoli Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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Week 2	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 12/05/2021	Coffee/ Tea Assorted Pastry	Omelet & Pastry Assorted Hot/ Cold Cereal	Sauerbraten w/ Potato Pancakes, Sweet & Sour Red Cabbage Or Roast Turkey w/ Caper Gravy, Stuffing, Asparagus Tips Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Potato Crusted Cod Sandwich on a Roll, 3 Bean Salad Or Mac & Cheese w/ Diced Ham & Peas, Mixed Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks



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Monday 12/06/2021	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Spaghetti & Italian Meatballs w/ Marinara, Garlic Butter Broccoli Or BBQ Spare Ribs, Rice Pilaf, Sauteed Green Beans Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Cheese Dog w/ Baked Beans, Sauerkraut Or Deluxe Cheeseburger, Lettuce, Tomato, Onions Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks
Tuesday 12/07/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Roasted Chicken Halves, Corn Bread Stuffing, California Blend Vegetables Or Liver & Onions, Mashed Potatoes, Winter Blend Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Classic Tuna Salad on a Kaiser Roll, Grandma's Old Fashioned Carrot Raisin Salad Or Egg Salad Platter, Spinach Salad, 3 Bean Salad, Crackers Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks
Wednesday 12/08/2021	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Sausage Assorted Hot/ Cold Cereal	Homemade Meatloaf w/ Mushroom Gravy, Buttered Noodles, Sugar Snap Peas Or Baked Ham w/ Apricot Glaze, Scalloped Potatoes, Garden Fresh Zucchini Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day BBQ Pulled Pork Sandwich, String Beans Or Chicken Salad Stuffed Tomatoes, Rainbow Slaw, Crackers Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Thursday 12/09/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Beer Battered Cod, Seasoned French Fries, Oriental Blend Vegetables Or Shepherd's Pie, Mixed Vegetables Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Specialty Pizza, Tossed Salad Or Chicken Ranch Wrap, Marinated Beets Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Friday 12/10/2021	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Roasted Pork Loin w/ Kraut, Sweet Potatoes, Broccoli Rabe Or Turkey Burger, Lettuce, Tomato Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Philly Cheesesteak on a Steak Roll, Peppers & Onions Or Crab Cake Sandwich w/ Tartar Sauce, 3 Bean Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Saturday 12/11/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Veal Marsala Over Pasta, Creamed Spinach Or Swedish Meatballs over White Rice, Broccoli Florets Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Grilled Cheese & Tomatoes, Marinated Vegetables Classic Cheeseburger, Lettuce & Tomato Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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Week 3	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
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<p>Sunday 12/12/2021</p>	<p>Coffee/ Tea Assorted Pastry</p>	<p>Omelet & Pastry Assorted Hot/ Cold Cereal</p>	<p>Stuffed Pepper Parmesan, Parslied Noodles, Glazed Carrots Or Montreal Chicken, Stuffing w/ Peaches, Buttered Breen Beans Dessert: Assorted Ice Cream</p>	<p>Coffee/ Tea Assorted Snacks</p>	<p>Soup of the Day Bread Cod Filet on a Roll, Marinated Vegetables Or Chili Dog on a Roll, Sauerkraut Dessert: Assorted Fruit</p>	<p>Coffee/ Tea Assorted Snacks</p>
<p>Monday 12/13/2021</p>	<p>Coffee/ Tea Assorted Pastry</p>	<p>Classic Texas French Toast w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal</p>	<p>Chicken Chow Mein over White Rice, Chinese Vegetables Or Breaded Pork Chops w/ Applesauce, Mashed Potatoes, Sauteed Cabbage Dessert: Assorted Pudding</p>	<p>Coffee/ Tea Assorted Snacks</p>	<p>Soup of the Day Classic Rueben Sandwich, Creamy Cole Slaw Or Tuna Melt on an English Muffin, Lettuce & Tomato Dessert: Assorted Fruit</p>	<p>Coffee/ Tea Assorted Snacks</p>
<p>Tuesday 12/14/2021</p>	<p>Coffee/ Tea Assorted Pastry</p>	<p>Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal</p>	<p>Spaghetti w/ Chunky Bolognese, Tossed Salad Or Roast Turkey, Sweet Potatoes, Garden Zucchini Dessert: Assorted Cake/ Pastry</p>	<p>Coffee/ Tea Assorted Snacks</p>	<p>Menu Planning Meal</p>	<p>Coffee/ Tea Assorted Snacks</p>
<p>Wednesday 12/15/2021</p>	<p>Coffee/ Tea Assorted Pastry</p>	<p>Golden Brown Pancakes w/ Maple Syrup, Sausage Assorted Hot/ Cold Cereal</p>	<p>Baked Fish w/ Pico De Gallo, Mac & Cheese, Garlic Spinach Or BBQ Salisbury Steak, Yellow Rice, Asparagus Tips Dessert: Assorted Jell-O</p>	<p>Coffee/ Tea Assorted Snacks</p>	<p>Soup of the Day Roast Beef Sandwich w/ Provolone Cheese, Cucumber Basil Salad Or Turkey & Swiss Sandwich, 3 Ban Salad Dessert: Assorted Pudding</p>	<p>Coffee/ Tea Assorted Snacks</p>
<p>Thursday 12/16/2021</p>	<p>Coffee/ Tea Assorted Pastry</p>	<p>Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal</p>	<p>Slow Cooked Pot Roast, Mashed Potatoes, California Vegetables Or Chicken Legs, Mac & Cheese, Green Beans Dessert: Assorted Pudding</p>	<p>Coffee/ Tea Assorted Snacks</p>	<p>Soup of the Day Specialty Pizza, Tossed Salad Or Ham & Cheese Sandwich, Greek Salad Dessert: Assorted Fruit</p>	<p>Coffee/ Tea Assorted Snacks</p>
<p>Friday 12/17/2021</p>	<p>Coffee/ Tea Assorted Pastry</p>	<p>Homestyle Waffles w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal</p>	<p>Ham Tetrizzini over Rice Pilaf, Glazed Carrots Or Mussels Marinara over Linguini, Broccoli Spears Dessert: Assorted Cake/ Pastry</p>	<p>Coffee/ Tea Assorted Snacks</p>	<p>Soup of the Day Meatloaf Parmesan on a Roll, Creamy Cole Slaw Or Turkey Club on a Kaiser Roll, Lettuce & Tomato Dessert: Assorted Fruit</p>	<p>Coffee/ Tea Assorted Snacks</p>



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Saturday 12/18/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Jumbo 3 Cheese Ravioli, Chunky Bolognese, Broccoli Florets Or Breaded Veal Cutlet, Corn Bread Stuffing, Sautéed Spinach Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Seafood Salad w/ Shrimp, Grandma's Old Fashioned Carrot Raisin Salad Or Grilled Chicken Caesar Wrap, Lettuce & Tomato Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
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Week 4	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 12/19/2021	Coffee/ Tea Assorted Pastry	Omelet & Pastry Assorted Hot/ Cold Cereal	Pot Roast w/ Savory Brown Gravy, Buttered Noodles, Sautéed Green Beans Or Baked Ham w/ Ample Glaze, Scalloped Potatoes, California Blend Vegetables Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Turkey Sandwich, Lettuce & Tomato Or Liverwurst Sandwich on Rye, Lettuce & Onion Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Monday 12/20/2021	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Homemade Chicken Pot Pies, Sliced Carrots Or Pork Chops Smothered in Onion, Stuffing, Squash Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Cheese Quiche Broccoli Florets Or Meatball Sub, Caprise Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Tuesday 12/21/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Beef Stroganoff over Noodles, Creamed Spinach Or Stuffed Chicken / Broccoli, Sweet Potato Mash, Garden Fresh Zucchini Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Classic Tuna Fish Sandwich, Marinated 3 Bean Salad Or Ham & Swiss Sandwich, Pickled Beets Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks
Wednesday 12/22/2021	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Sausage Assorted Hot/ Cold Cereal	Baked Ziti w/ Meat Sauce, Tossed Salad Or Breaded Veal Cutlet, Seasoned Potatoes, Sautéed Cabbage Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Grilled Chicken Sandwich, Greek Salad Or Kielbasa, Sautéed Cabbage, Potatoes Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Thursday 12/23/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Lemon Pepper Tilapia, Rice Pilaf, Vegetarian Blend Vegetables Or Salisbury Steak, Baked Potato, Winter Blend Vegetable Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Grilled Ham & Cheese, Grandma's Old Fashioned Carrot Raisin Salad Or Corn Dog w/ Kraut, Baked Beans Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks



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Friday 12/24/2021	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Pork Chop w/ Savory Gravy, Lemon Risotto, Green Bean Almondine Or Turkey Cobbler Bowls, Stuffing, Carrots Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Chicken Fingers w/ Honey Mustard Sauce, Stewed Tomatoes, Mac & Cheese Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Saturday 12/25/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Christmas Meal	Coffee/ Tea Assorted Snacks	Soup of the Day Blue Berry Rolled Pancakes, Sausage, Syrup Or Egg Salad Sandwich on a Croissant, Lettuce & Tomato Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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Week 5	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 12/26/2021	Coffee/ Tea Assorted Pastry	Omelet & Pastry Assorted Hot/ Cold Cereal	Stuffed Pork Loin w/ Gravy, Stuffing, Kale Or Roast Lamb w/ Mint Jelly, Sweet Potato, Broccoli Florets Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Specialty Pizza, Tossed Salad Cheese Blintz, Fruit Sauce, Baked Muffin Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Monday 12/27/2021	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Veal Stew over White Rice, Stewed Vegetables Or Baked Salmon, Cream Corn, Green Beans Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Ham Salad Sandwich, Creamy Cole Slaw Or Liverwurst on Rye, Lettuce, Tomato, Onion Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Tuesday 12/28/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Chicken Parmesan Over Spaghetti, Tossed Salad Or Salisbury Steak w/ Mushroom Gravy, Mashed Potatoes, Glazed Carrots Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Classic Grilled Cheese Sandwich, Pickled Beets Or Philly Cheese Steak, Peppers & Onions, Cole Slaw Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Wednesday 12/29/2021	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Sausage Assorted Hot/ Cold Cereal	Homemade Meatloaf w/ Savory Brown Gravy, Mashed Potatoes, Winter Blend Vegetables Or Veal Cordon Bleu, Noodles, California Blend Vegetables Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Egg Salad Sandwich on a Croissant, Grandma's Old Fashioned Carrot Raisin Salad Or Corned Beef & Swiss Sandwich, Fresh Spinach Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks



COMPLETECARE
— MANAGEMENT —

December- Complete Care Dining Service Inc. Monthly Menu

Thursday 12/30/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Open Faced Turkey on Toast, Stuffing, Broccoli Florets Or Swedish Meatballs Over White Rice, Mediterranean Blend Vegetables Dessert: Assorted Cake/Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day California Burger, Tossed Salad Or Tuna Sandwich, Lettuce & Tomato Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Friday 12/31/2021	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Roast Beef w/ Brown Gravy, Noodles, Red Cabbage Or Baked Ham w/ Cinnamon Pineapple Glaze, Au Gratin Potatoes, Cauliflower Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Chili Con Carne over White Rice, Sauteed Green Beans Or Grilled Chicken Caesar Sandwich, Cucumber Basil Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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